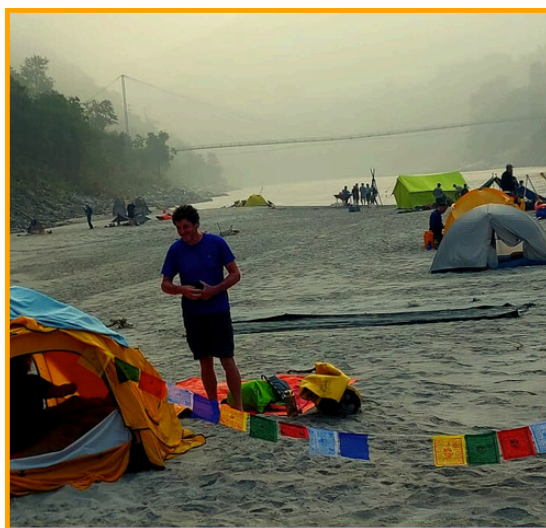
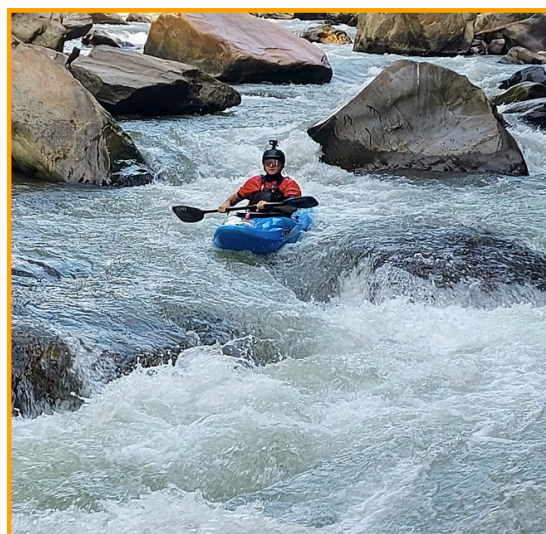




HIMALAYAN RUSH MULTI RIVERS KAYAKING TOUR

Himalayan Rush is a multi-river kayaking expedition that offers paddlers the rare opportunity to kayak six of central Nepal's iconic rivers. The journey begins with warm-up runs on the Trisuli before progressing to more committing Class III+ to IV rapids on remote and powerful rivers. Designed for paddlers seeking variety and adventure, combines thrilling whitewater with authentic experiences—staying in scenic riverside camps and traditional local tea houses along the way.



Itinerary

Day 1 – Arrival in Kathmandu

Arrive in Kathmandu and we will receive you on airport & transfer to your hotel. In the evening, meet the group for dinner and pre-departure briefing by our trip leader.

Day 2 – Trisuli River Warm-Up

Drive to the Royal Beach Camp. Boat fitting, safety briefing, and warm up paddling on the family section of Trisuli River. Overnight at The Royal Beach Camp.

Day 3 – Trisuli “Tiger Run”

Paddle the exciting Tiger Run- continuous Class III rapids. Base yourself again at the Royal Beach Camp, enjoying riverside relaxation.

Day 4 – Budi Gandaki River

Drive to the Budi Gandaki put-in and begin Paddle through remote gorges with stunning views of Mt. Manaslu (8,163 m) towering on the back drop.

Day 5 – Return to Royal Beach Camp

Continue paddling the Budi Gandaki around mid-afternoon arrive back at the Royal Beach Camp for a well-earned rest, hot showers, and camp comforts.

Day 6 – Upper Marsyangdi River

Drive to the Upper Marsyangdi. Afternoon paddling on fantastic Class III–IV whitewater, Evening riverside camping at the take out.

Day 7 – Lower Marsyangdi & Pokhara

Short drive to the Lower Marsyangdi, paddling enjoyable Class III rapids to Bimalnagar. Drive to Pokhara in the evening. Overnight Hotel in lakeside.

Day 8 – Upper Seti

Paddle the Upper Seti, a steep, technical Class III+ with Annapurna and Machhapuchhre as the backdrop. After kayaking, drive to the Modi Khola and enjoy a local teahouse stay.

Day 9 – Modi Khola

Enjoy the Class III–IV rapids and stunning mountain views. Late afternoon drive to the Kali Gandaki and camp beside the river at the starting point.

Days 10–12 – Kali Gandaki River

Three days journey down the Kali Gandaki. Enjoy big Class III–IV rapids, sandy beaches, remote gorges, temples, villages, and interactions with locals. Final day drive back to Pokhara.

Day 13 – Return to Kathmandu

Flight to Kathmandu. A farewell group dinner to celebrate the expedition.

Day 14 – Departure

Transfer to the airport for onward travel.

Expedition cost: 2800 USD

Including:

Airport pickup & Drop, 2 night Hotel
River Expedition: Fully supported Expedition as per itinerary, Domestic Flights raft support, River leader, safety boaters, kitchen crew, camping and kitchen equipment, all meals while on the river and our office team for back up.

Excluding: International flights, VISA, personal insurance, tips to guides and support team, Meals in Kathmandu and Pokhara